



Top 10 Ways to Raise A Psychologically Healthy Deaf Child

- 10. Educate yourself on issues related to hearing loss. Find someone who will give you unbiased information about all options.**
- 9. Find a communication method that your child will clearly understand. Use that communication method whenever your child is present.**
- 8. Seek support from family, friends, and professionals to deal with your feelings about your child's hearing loss.**
- 7. Assume your deaf child can do anything a hearing child can do. Help your child learn to be his/her own advocate.**
- 6. Teach your child about your family, values, and culture. Involve your child in all family activities.**
- 5. Look for and praise your child's strengths, efforts, and positive actions each day.**
- 4. Teach your child about personal safety, body parts, appropriate touching and ways to ask for help.**
- 3. Introduce your family to deaf adults and children who will be positive role models for you and your child. Include your child in social activities.**
- 2. Participate in your child's education. Ask your child's teacher for ways to enhance learning at home.**
- 1. Balance firm and consistent rules and consequences with unconditional love, respect, and acceptance.**



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